Competitors must bring this form with required signatures to the PT station

MAJOR R. ROGER GUYNN MEMORIAL JROTC MILITARY SKILLS

MEET

Statement of Waiver

for

Individual Physical Fitness Competition

In accepting the invitation to participate in the Individual and Team Physical Fitness Event of the annual Mesquite JROTC Military Skills Championship Meet, I

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 (Print name of Parent or Guardian)

do hereby waive and release any and all claims against the United States Army, the Mesquite ISD, the members of its JROTC Department, and sponsors, who are conducting the competition for any injury to the undersigned competitor during the actual physical fitness event activity in conjunction with the conduct of the physical fitness competition.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 (Signature of Competitor) (Date) (Signature of Parent or Guardian)

ADDITIONAL INFORMATION: VERIFICATION:

(Please print) (Please print)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 (Print name of Competitor) (JROTC Instructor’s Name)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Name of School/JROTC UNIT) (Instructor/Coach’s Signature)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Home Address of Competitor)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 (City, State, and Zip Code)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Emergency Telephone Number)

**PHYSICAL FITNESS COMPETITION SCORE SHEET (INDIVIDUAL)**

NAME \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ MALE FEMALE (circle one)

SCHOOL \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
|  |  |
| 1. PUSH UPS | REP \_\_\_\_\_\_\_\_ |
| 2. CURL-UPS |  REP \_\_\_\_\_\_\_\_ |
| 3. RUN |  SEC \_\_\_\_\_ \_\_\_\_\_ . \_\_\_\_\_ |

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

 **Judge's Signature**